

# STUDENT AFFAIRS MEDHACK SERIES

We have something important to tell you. Please feel free to bring your lunch to the sessions.

## **Life as a general/developmental pediatrician and a mother**

Feb.16 Friday 12:00pm, Theater A by Dr. Sally Longstaffe

This brief, informal session will discuss training, opportunity, scope of work, and challenges as a developmental pediatrician and a parent.

## **Maximizing Career Development through Clerkship**

Feb.20 Tuesday 12:00pm, Theater A by Kate Yee

Career Development is a lifelong process; you have been involved in it, intentionally or unintentionally, for a number of years. Kate Yee, Career Consultant, will help you pinpoint a few quick things to do as you progress towards and through Clerkship, that will help you when it ultimately comes time to choose Electives and Residency programs.

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## Obtaining an Advanced Degree while in medical school – how and why?

Feb. 27 Tuesday 12:00pm, Theater E by Dr. Mark Nachtigal

(This is a session for Med 1 students) Improved healthcare is enhanced by physicians having advanced training in specific areas of biomedicine. Advanced degrees (MD/PhD and MD/MSc) also make individuals more competitive for faculty positions. We will describe the Advanced Degree in Medicine program, existing research opportunities, and answer your questions.

## How to be your own best coach?

Mar 1 Thursday 12:00pm, Theater E by Jim McLaren

What do our bad habits cost us? How do our unhealthy beliefs about ourselves, others and the world limit our ability? This interactive session will invite participants to consider some small steps that will support a shift to the "better self" they know they can be.

**More to come...**